

MEMORANDUM

Agenda Item No. 11(A)(8)

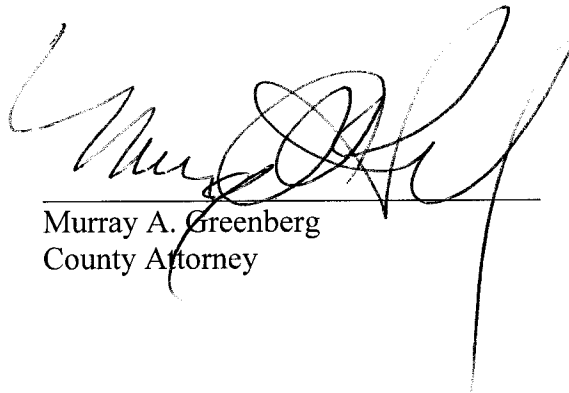
TO: Honorable Chairman Bruno A. Barreiro
and Members, Board of County Commissioners

DATE: April 24, 2007

FROM: Murray A. Greenberg
County Attorney

SUBJECT: Resolution directing the
County Manager to develop
a program to promote
healthy living by educating
the public

The accompanying resolution was prepared and placed on the agenda at the request of Senator Javier D. Souto.



Murray A. Greenberg
County Attorney

MAG/dcp



MEMORANDUM

(Revised)

TO: Honorable Chairman Bruno A. Barreiro
and Members, Board of County Commissioners

DATE: April 24, 2007

FROM: Murray A. Greenberg
County Attorney

SUBJECT: Agenda Item No. 11(A)(8)

Please note any items checked.

_____ "4-Day Rule" ("3-Day Rule" for committees) applicable if raised

_____ 6 weeks required between first reading and public hearing

_____ 4 weeks notification to municipal officials required prior to public hearing

_____ Decreases revenues or increases expenditures without balancing budget

_____ Budget required

_____ Statement of fiscal impact required

_____ Bid waiver requiring County Manager's written recommendation

_____ Ordinance creating a new board requires detailed County Manager's report for public hearing

_____ Housekeeping item (no policy decision required)

_____ No committee review

Approved _____ Mayor
Veto _____
Override _____

Agenda Item No. 11(A)(8)
04-24-07

RESOLUTION NO. _____

RESOLUTION DIRECTING THE COUNTY MANAGER,
PUBLIC HEALTH TRUST, PARKS AND RECREATION
DEPARTMENT, AND PUBLIC LIBRARY SYSTEM TO
DEVELOP AND IMPLEMENT A PROGRAM TO PROMOTE
HEALTHY LIVING BY EDUCATING THE PUBLIC
CONCERNING PROPER NUTRITION, DIET, AND EXERCISE

WHEREAS, the U.S. Centers for Disease Control and Prevention indicate that obesity ranks among the nation's top ten leading preventable causes of death, accounting for 25,814 deaths a year in the United States; and

WHEREAS, the estimated total cost of obesity in the United States exceeds \$117 billion; and

WHEREAS, ample scientific research has proved that physical inactivity and unhealthy eating contribute to obesity and a number of chronic diseases, including some cancers, cardiovascular disease, and diabetes; and

WHEREAS, the National Academy of Sciences has recommended that everyone strive for a total of an hour per day of physical activity; and

WHEREAS, studies published in The Journal of the American Medical Association, found that people who exercised regularly and ate a healthy, modest-calorie diet lost weight and improved cardio-respiratory fitness regardless of the length or intensity of their workouts; and

WHEREAS, researchers and public health officials agree that promoting regular physical activity and healthy eating, as well as creating an environment that supports these behaviors, are essential to addressing the problems of obesity and chronic disease; and

WHEREAS, research sponsored by the United States Department of Agriculture demonstrates that consumers desire more specific food-related guidance, definition of technical terms, and practical tips for behavior change strategies to help them improve the quality of their nutritional intake and increase their physical activity; and

WHEREAS, the United States Department of Agriculture opines that effective nutrition education programs should employ every suitable educational tool available, work through every possible channel to reach the people, and enjoy the fullest participation of all residents,

NOW, THEREFORE, BE IT RESOLVED BY THE BOARD OF COUNTY COMMISSIONERS OF MIAMI-DADE COUNTY, FLORIDA, that this Board:

Section 1. Directs the County Manager to work cooperatively with the Public Health Trust, Parks and Recreation Department, and Public Library System to develop a program to promote healthy living by educating the public concerning proper nutrition, diet, and exercise.

Section 2. Directs the County Manager to work cooperatively with the Public Health Trust, Parks and Recreation Department, and Public Library System to implement a healthy living program, including developing a distribution plan for the program to the public with scheduled public events and material distribution plans.

Section 3. Directs the County Manager to report the status of the healthy living program and provide a schedule for program events and a summary of material distribution plans within 60 days of the effective date of this Resolution, or at the next regularly scheduled Health and Public Safety Committee meeting.

The foregoing resolution was sponsored by Senator Javier D. Souto and offered by Commissioner _____, who moved its adoption. The motion was seconded by Commissioner _____ and upon being put to a vote, the vote was as follows:

Bruno A. Barreiro, Chairman	
Barbara J. Jordan, Vice-Chairwoman	
Jose "Pepe" Diaz	Audrey M. Edmonson
Carlos A. Gimenez	Sally A. Heyman
Joe A. Martinez	Dennis C. Moss
Dorrin D. Rolle	Natacha Seijas
Katy Sorenson	Rebeca Sosa
Sen. Javier D. Souto	

The Chairman thereupon declared the resolution duly passed and adopted this 24th day of April, 2007. This resolution shall become effective ten (10) days after the date of its adoption unless vetoed by the Mayor, and if vetoed, shall become effective only upon an override by this Board.

MIAMI-DADE COUNTY, FLORIDA
BY ITS BOARD OF
COUNTY COMMISSIONERS

HARVEY RUVIN, CLERK

By: _____
Deputy Clerk

Approved by County Attorney as
to form and legal sufficiency.



Valda Clark Christian